

Kettering Health Behavioral Medical Center

Implementation Strategies 2023 – 2025

### Mission & Vision

#### Our Mission:

To improve the quality of life of the people in the communities we serve through health care and education.

#### Our Vision:

Kettering Health (KH) will be recognized as the leader in transforming the health care experience.

#### Our Values:

* Trustworthy
* Innovative
* Caring
* Competent
* Collaborative

### Community Served

Montgomery County in Ohio

### Prioritized Community Health Needs

*Priorities*

*The priorities for Kettering Health Behavioral Medical Center are the top community health needs identified in the Community Health Needs Assessment (CHNA):*

*Need Priorities Listed*

1. Increase access to services in order to improve equitable outcomes for the region’s top health care needs: behavioral health, cardiovascular disease, dental, vision and maternal/infant health.
	* cardiovascular conditions
	* mental/behavioral health
	* lung/respiratory health
	* dental
	* maternal health
	* vision
	* prevention
2. Address access to and use of resources for food and housing, with a focus on the development and strengthening of partnerships between providers and community-based organizations.
3. Strengthen workforce pipeline and diversity, including cultural competence within the healthcare ecosystem

*Significant Health Needs to be Addressed*

*Implementation Strategies, listed on the following pages, address all the above prioritized health needs.*

*Significant Health Needs Not Addressed*

*Not applicable.*

*Process for Strategy Development*

*Jonathan Duffy, Executive Director of Mission and Ministry and Molly Hallock, Program Coordinator, Community Benefit convened internal stakeholders to ratify the priorities and to develop strategies. Strategies were discussed in several meetings to identify best-practice and evidence-based responses for each priority area. Preferred strategies also:*

* *Increased or leveraged connections with community-based organizations,*
* *Reflected the values and best practices of Kettering Health, and*
* *Promoted alignment and integration with state and local public health priorities.*

*Listed below are the meeting date ranges and attendees.*

*March 2022-October 2022*

*Fred Manchur, CEO, Kettering Health*

*Michael Mewhirter, CFO, Kettering Health*

*Timothy Dutton, EVP, Mission, Brand and People*

*Becki Cox, Administrative Director Behavioral Health Administration*

*Jonathan Duffy, Executive Director Mission and Ministry*

*Molly Hallock, Community Benefit Coordinator*

*The hospital committee finalized its implementation strategies in October 2022. Senior leaders at the hospital approved final versions before presenting the implementation strategies to the Board of Directors in November 2022.*

*Several strategies are contingent on community involvement and partnerships for their eventual success. Hospitals traditionally have not sought to share responsibility for health outcomes with external partners. There is a degree of uncertainty about exactly how the collaborations will develop, but the potential of broad-based and tangible improvements is worth the risk. This level of sharing is the only path forward to improve impact for individuals and for the health of community. With robust community partnerships, another advantage will be the ability to respond as new emerging issues surface.*

Description of Strategies

A table with more details is provided on page 4. It includes information about measuring impact, timing, resources, and collaborating partners to accomplish the activities.

Tobacco Cessation – Community

Tobacco use is a public health crisis causing harmful effects to both users and those around secondhand smoke. Kettering Health Community Outreach will take tobacco cessation referrals and connect those individuals to available resources free of charge. There are many free programs in the Dayton area that can help you quit tobacco. These programs will take you through the quitting process, provide nicotine replacement therapy, and support you so you can quit for good. All programs address e-cigarettes/vaping and are held virtually unless otherwise indicated.

OneFifteen

OneFifteen is a new nonprofit health initiative. It is dedicated to the full and sustained recovery of people suffering from opioid addiction. Its campus will expand treatment options in the region, and it will have a treatment center (inpatient and outpatient), rehabilitation housing, and wrap-around services. Kettering hospitals will make referrals, and are partners with Premier Health Partners. Kettering Health has committed $2 million in 2023 and $1.5 million in 2024.

Work Force Development

We aspire to create a program that will benefit vulnerable communities in neighborhoods where KH hospitals are located. This program will be established in partnership with the Advent Health-sponsored program in Tampa, Florida, B.E.S.T Academy Leadership Program. Goals include 1) Identifying and recruiting talented 10th-12th graders from communities with high health disparities and under-represented in the health profession by year three of the program. 2) Equipping and empowering students for academic, professional and life skills by improving their self-efficacy. 3) Generating interest in pursuing/considering health science-related careers.

Behavioral Health Support Model

The Behavioral Health Support Model has been instituted across Kettering Health. Its purpose is to support both the psychiatric patient population as well as the clinical staff caring for them in an acute care setting. Specialized staff will provide education to the patient utilizing therapeutic communication while incorporating de-escalation techniques and positive coping skills to prevent instability. The approach includes a Behavioral Health Assessment Team; a dual-certified Advanced Practice Provider; a Psychiatric Nursing Supervisor; and Mental Health Technician Safety Partners. Behavioral health assessments can occur at the hospital or via telehealth. Chemical dependency assessment would occur in the ED. The ED would be able to make referrals to treatment providers. The outcomes would be shorter wait times for assessments, reduced time spent in the ED, fewer unnecessary admissions, reduced readmissions, improved access to treatment, and more safety for patients and staff.

Intensive Outpatient Program

Kettering Health Behavioral Health Center offers the only Intensive Outpatient Program (IOP) in the Dayton area for first responders. This specialty program focuses on first responders suffering from PTSD, providing them with specialty care when they need it most

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| **Priority Issue(s)** | **Strategy** | **Evaluation of Impact** | **Financial** | **Staffing** | **Timing** | **Collaboration** |
| Behavioral Health | 1) Behavioral Health Support Model; Telehealth option for all BH patients entering the hospital (each location in network)2) Expansion of IOP with focus; First Responder Program/IOP | 1) Caseload2) # of programs/participants | 1) FTE’s2) Program costs | 1) 1 FTE2) 1 FTE | 1) 20232) Exploratory expansion 2023 | 1)KHDO/KHMBC2)First Responders |
| Behavioral Health | 1) Connect community members, including patients to tobacco cessation programs and resources | 1) # of people referred to programs | 1)In kind $15,600/year | 1) 0.25 FTE shared in community outreach | 1) Ongoing | 1)ADAMHS; BecomeAnEx American Lung Association, Ohio Department of Health, Public Health Dayton Montgomery County |
| Workforce Development/Cultural diversity | Best Program-workforce pipeline addressing systemic barriers | # of students participating in program | $200,000 first year, $100,000 year 2 and 3Value of staffing time | To be determined | Exploratory Pilot in 2023 | Local schools |
| Substance Abuse | Addiction Treatment: Referral of Medicaid-eligible patients to OneFifteen's inpatient, outpatient, and/or housing initiative, and cooperation with GROW's Rapid Response Team. | # people served in Inpatient Residential# people served in OneFifteen Living# people served in Outpatient Services# Narcan Kits distributed# telehealth sessions conducted | $2 million in 2023$1.5 Million in 2024In-kind donation is $8,605. | KH executives donating time, and a VP, CCO, CAO, CFO and RN serve on Board. | Ongoing | Verily-OneFifteen, Premier Health Partners, Samaritan Behavioral Health, Inc., GROW team from Montgomery County Sheriff's Dept. |

#### Accountability

The Hospital President will be responsible for ensuring progress on the measures used to evaluate the impact of each strategy. Periodic updates will ensure strategies stay on target. Annually hospital executive and board members will receive progress reports.

 *11 / 3 / 2022*

##### Date approved by Kettering Health Board of Directors