

Sycamore Glen Retirement



November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Stay Fit w/Linda (A) 10:00 <i>Grief & Loss</i> — led by Chaplain Darryl (AR) 10:30 Women's Bible Study (A) 1:00 UNO (A) 2:00 Pie Taste Testing (DR) 3:00 Who Wants to Be a Millionaire (A) 6:00 Bingo (A) 6:30 Pianist Josiah Yount (Lobby)	2 9:30 Exercise w/Rashad (A) 9:30 Kroger* 10:00 Euchre (Lib) 1:30 Village Resident Meeting (A) 1:30 Hand and Foot (Lib) 3:00 Culinary Corner (GR) 6:00 Bible Study (A)	3 9:30 YMCA Body Movement (A) 10:00 Euchre (Lib) 10:30 Corn Hole (A) 1:00 UNO (A) 2:00 Sylvester K. presents "Journey of the Wright B Flyer" (A) 3:00 Bingo (A)	4 8:30 Cracker Barrel* 9:30 Exercise (A) 10:00 On This Day News (A) 10:30 Wheel of Fortune (A) 1:00 Meet & Greet Trish & Michelle – Engage Wellness (Lobby) 2:00 Movie & Popcorn (A) 6:00 Dominoes (GR)	5 1:00 Fun Puzzle Pick Up (Lib) 1:30 Dominoes (GR) 3:00 Saturday Service (A) SET CLOCKS BACK ONE HOUR BEFORE GOING TO BED!
	6 10:00 Catholic Communion (A) 1:00 Fun Puzzle Pick Up (Lib) 1:30 Hand and Foot (Lib) 3:00 Sunday Service (A) 6:00 Bingo (A)	7 9:30 Exercise w/Rashad (A) 10:00 Euchre (Lib) 11:00 SteakThyme* 11:00 Blood Pressure Checks (Lib) 2:00 Bingo (A) 3:00 Noodle Ball (A)	8 <i>Election Day</i> 9:30 Stay Fit w/Linda (A) 10:30 Women's Bible Study (A) 1:30 Bus to Voting Polls* 2:00 UNO (GR) 3:00 Documentary—"Dawn of the Maya" (GR) 6:00 Bingo (A) 6:30 Pianist Josiah Yount (Lobby)	9 9:30 Exercise (GR) NOTE CHANGE OF ROOM 10:00 Plaza Resident Meeting/ Plaza Council Meeting after (A) NOTE TIME CHANGE 1:30 Hand and Foot (Lib) 3:00 Entertainer Brian Brenner (A) 6:00 Bible Study (A)	10 9:30 Kroger* 9:30 YMCA Body Movement (A) 10:00 Euchre (Lib) 1:30 UNO (GR) 1:30 Catholic Mass (A) 2:30 Centerville Library "Sycamore Short Stories" (GR) 3:30 Kings-in-a-Corner cards (GR)	11 <i>Veterans Day</i> 9:30 Exercise (GR) - NOTE LOCATION CHANGE 9:30 Quilt Sale @ Central Presbyterian Church* 10:00 On This Day News (GR) 11:00 Veterans Presentation & Lunch for Vets (A) 2:00 Movie & Popcorn (A) 6:00 Dominoes (GR)
13 10:00 Catholic Communion (A) 1:00 Fun Puzzle Pick Up (Lib) 1:30 Hand and Foot (Lib) 3:00 Sunday Service (A) 6:00 Bingo (A)	14 9:30 Exercise with Rashad (A) 10:00 Euchre (Lib) 10:00 Goodwill* 11:00 Blood Pressure Checks (Lib) 1:00 Book Club Enthusiasts (AR) 2:00 Medicare Check-Up w/ Kevin from RetireMed (A) 3:00 Bingo (A)	15 9:30 Stay Fit w/Linda (A) 10:00 <i>Grief & Loss</i> — led by Chaplain Darryl (AR) 10:30 Women's Bible Study (A) 1:30 UNO (GR) 2:30 Sequence Board Game (GR) 6:00 Bingo (A) 6:30 Pianist Josiah Yount (Lobby)	16 9:30 Exercise w/Rashad (A) 9:30 Kroger* 10:00 Euchre (A) 1:00 Village Wellness Clinic (Rm 14) 1:30 Hand and Foot (Lib) 3:00 Manicure Pampering (AR) 6:00 Bible Study (A)	17 9:30 YMCA Body Movement (A) 9:30 Village Council Meeting (CR) 10:00 Euchre (Lib) 1:00 LCR Cards (A) 2:00 Bingo (A) 3:00 UNO (A)	18 9:30 Exercise (A) 10:00 On This Day News (A) 10:30 Wii Bowling (A) 2:00 Movie & Popcorn (A) 6:00 Dominoes (GR)	19 1:00 Fun Puzzle Pick Up (Lib) 1:30 Dominoes (GR) 3:00 Saturday Service (A)
20 10:00 Catholic Communion (A) 1:00 Fun Puzzle Pick Up (Lib) 1:30 Hand and Foot (Lib) 3:00 Sunday Service (A) 6:00 Bingo (A)	21 <i>Pie Pick Up Day</i> 9:30 Exercise with Rashad (A) 10:00 Euchre (Lib) 11:00 Blood Pressure Checks (Lib) 1:00 Pampering w/Bernice from Mary Kay & Mini-Massage w/Trish from Engage Wellness (AR) 2:00 Bingo (A) 3:00 Noodle Ball (A)	22 9:30 Exercise w/Linda (A) 10:30 Women's Bible Study (A) 12:00 Pet Therapy w/Hamilton (A) 1:30 UNO (GR) 3:00 Flex Your Brain (GR) 6:00 Bingo (A) 6:30 Pianist Josiah Yount (Lobby)	23 9:30 Exercise w/Rashad (A) 9:30 Kroger* 10:00 Euchre (Lib) 1:30 Hand and Foot (Lib) 1:30 Painting w/Sherry (GR) 3:00 Corn Hole (A) 6:00 Bible Study (A)	24 <i>Happy Thanksgiving!</i> No Exercise Today 10:00 Fun Puzzle Pick Up (Lib) 1:30 Movie- " The Music Man " (A) 	25 9:30 Exercise (A) 10:00 On This Day News (A) 10:30 How Many Words? (A) 2:00 Movie & Popcorn— "An Old Fashioned Thanksgiving" (A) 6:00 Dominoes (GR)	26 1:00 Fun Puzzle Pick Up (Lib) 1:30 Dominoes (GR) 3:00 Saturday Service (A)
27 10:00 Catholic Communion (A) 1:00 Fun Puzzle Pick Up (Lib) 1:30 Hand and Foot (Lib) 3:00 Sunday Service (A) 6:00 Bingo (A)	28 9:30 Exercise w/Rashad (A) 10:00 Euchre (Lib) 10:00 Kohl's* 11:00 Blood Pressure Checks (Lib) 1:00 Book Club Enthusiasts (AR) 2:00 Bingo (A) 3:00 November Birthday Celebration & Social (A)	29 9:30 Stay Fit w/Linda (A) 10:00 <i>Grief & Loss</i> — led by Chaplain Darryl (AR) 10:30 Women's Bible Study (A) 1:30 UNO (GR) 3:00 Entertainers DeBray (A) 6:00 Bingo (A) 6:30 Pianist Josiah Yount (Lobby)	30 9:30 Exercise w/Rashad (A) 9:30 Kroger* 10:00 Euchre (Lib) 1:30 Hand and Foot (Lib) 1:30 Creativity Corner—Snowman Door Decoration (AR) 3:00 Noodle Ball (A) 6:00 Bible Study (A)	SGRC Mercantile (a.k.a., The Little Store) Shop Hours: Monday and Friday 12:00 PM—1:30 PM		Beauty Shop/ Barber Shop Audrey Thursday—8:00—Noon Call 937-581-8225 for appt. ***** Julie Tuesday & Thursday—1:30-5:00 Call 937-304-4653 for appt.

Location Key: (AR) Activity Room (GR) Game Room (C) Chapel (A) Auditorium (Lib) Library (CR) Conference Room (L) Lobby (DR) Dining Room (*) Outings

~Schedule is subject to change~