

# ADDENDUM:

## 2019 Community Health Needs Assessment

### Sycamore Medical Center

#### PRIORITIZATION OF COMMUNITY HEALTH NEEDS

##### Introduction

In 2018 Sycamore Medical Center participated, as part of the Kettering Health Network, in the collaborative development of a Community Health Needs Assessment (CHNA) for Greater Cincinnati and Greater Dayton. The process obtained considerable community input across 25 counties and involved close cooperation with local health departments. This addendum serves two purposes: to describe the resulting priorities to address significant health needs, and to provide an update from the 2017-2019 implementation strategies. The addendum is considered part of the 2019 CHNA Report for board approval.

##### Criteria

The CHNA considered the health and health-related issues according to the following criteria:

- Community prioritized the issue highly (based on consensus on priorities)
- Public health departments prioritized the issue highly (based on consensus on priorities)
- Nonprofit agencies, representing vulnerable populations, prioritized the issue highly (based on consensus on priorities)
- Secondary data sources reflected that the issue was worse over time (based on up to 5 years' trend data collected for CHNA)
- Proportion of region impacted by worsening trends (based on CHNA data on the number of counties impacted by mortality rate; ratio of providers; and prevalence rate)

##### Process

The hospital's CHNA committee met on May 8, 2019 and June 17, 2019. Their names and titles are provided below. They met to review the priorities and confirmed that the CHNA priorities reflected the significant health needs of the community. Sycamore Medical Center did not add or omit any priority areas.

##### May 8, 2019

Wally Sackett, President, Kettering Medical Center  
Anita Adams, President, Sycamore Medical Center  
Eric Lunde, President, Troy Hospital  
Bill Largo, Director of Spiritual Services and Mission  
Bill Mangas, Director of Emergency Outreach  
Rae Norrod, Manager of Cancer Support Services  
Jared Still, Foundation, Kettering Medical Center  
Barb Emrick, Manager of Center for Heart and Vascular Health  
Bonnie Baker-Tattershall, Mission  
Kathy Perno, Spiritual Services and Mission

Meredith Lawhorn, EMS Coordinator  
Laurie Narigon, Injury Prevention Coordinator  
Donna Saraga, Soin Medical Center/Greene Memorial Hospital  
Julie Vincent, Administration  
Derek Morgan, Administration  
Stephen O'Neal, Administration  
PJ Brafford, Government Affairs Officer  
Kelli Davis, Community Benefit Coordinator  
Molly Hallock, Community Benefit Coordinator  
Gwen Finegan, Consultant

### **June 17, 2019**

Wally Sackett, President, Kettering Medical Center  
Anita Adams, President, Sycamore Medical Center  
Eric Lunde, President, Troy Hospital  
Michael Brendel, VP, Patient Care  
Julie Vincent, VP Patient Care/Kettering Health Network/CNO  
Peter Bath, VP Mission and Spiritual Services  
Andy Hill, Director of Finance  
Miriam Cartmell, Executive Director, Surgical and Women's Services  
Bill Largo, Director of Spiritual Services and Mission  
Bill Mangas, Director of Emergency Outreach  
Rae Norrod, Manager of Cancer Support Services  
Lea Ann Dick, Diabetes and Nutrition  
Barb Emrick, Manager of Center for Heart and Vascular Health  
Kathy Perno, Spiritual Services and Mission  
Meredith Lawhorn, EMS Coordinator  
Laurie Narigon, Injury Prevention Coordinator  
Derek Morgan, Administration  
Stephen O'Neal, Assistant Chief Nursing Officer  
Bev Knapp, VP of Clinical Integration and Innovation  
PJ Brafford, Government Affairs Officer  
Molly Hallock, Community Benefit Coordinator  
Gwen Finegan, Consultant

### **Top Priorities**

There was consistent agreement on the top priorities between the secondary data and all the stakeholder groups who provided input. Respondents included County Health Commissioners, individual consumers, attendees at public meetings, and agencies that represent vulnerable populations. The top priorities identified throughout the region, in descending order, were:

- Substance abuse/Mental health
- Access to care and/or services
- Chronic disease
- Healthy behaviors

## **EVALUATION OF IMPACT OF 2017-2019 IMPLEMENTATION STRATEGIES**

### **Priority Issues: Diabetes and Obesity**

Objective: Expand diabetic screening and improve outcomes of diabetic patients in the community.

Strategies:

1. Fund and implement PRIME Training & Certification for Primary Care Physicians
2. Create a process to screen and refer patients at risk for diabetes

Status:

1. A total of 24 primary care providers were trained and certified in the PRIME program through 2017. The following health outcomes showed improvement: Glycemic Control in 69.5% of patients; Blood Pressure Control in 77%; Cholesterol Control in 80.4%; Renal Control in 82.6%; and Smoking Control in 87.5%. A total of \$7,200 in funding and resources was allocated to this program. The contract did not continue for 2018 and 2019.

2. All patients 18+ with a BMI above or equal to 30 were screened for diabetes. All patients deemed high risk were referred through a partnership with Greater Dayton YMCA, PHDMC, Dayton Diabetes and Good Neighbor House. The YMCA conducted 121 A1C screenings in 2017. A partnership was established with Public Health – Dayton & Montgomery County to expand capacity in 2018.

Free community presentations (Duck Diabetes) were provided in a variety of settings to increase public awareness of pre-diabetes. Paper risk assessments were distributed and information on the community diabetes prevention programs was shared.

Staff from the Diabetes & Nutrition Department provided staffing support at no cost for “Dayton Diabetes” community diabetes prevention program (DPP) in 2019. DPP health coach training and certification was provided 5 times over 3 years at the on-site Diabetes & Nutrition Center to 20 people. \$14,400 in funding and resources were allocated to these programs.

### **Priority Issue: Diabetes**

Objective: Increase access to tobacco cessation interventions.

Strategy: Partner with Good Neighbor House, a community partner, to deliver evidence-based tobacco cessation education and support.

Status: Sycamore Medical Center partnered with Good Neighbor House for a smoking cessation program with nicotine replacement and physician appointment. An average 10 people participated per class. \$12,000 in funding and resources were allocated to this program.

## Priority Issue: Mental Health/Substance Abuse

Objective: Increase access to mental health and substance abuse treatment.

Strategies:

1. Create a process to integrate behavioral health screenings into primary care offices.
2. Expand access to care for patients who are struggling with substance abuse/addiction.
3. Partner with community and public health agencies to educate providers on opioids.

Status:

1. Behavioral Health integration started in January 2018 with pilot clinics, screening cancer patients for behavioral health issues. Referral partnerships and processes with community behavioral health agencies – including South Community & Beckett Springs were established. In addition, a behavioral health task force was formed to improve access and urgent services for mental health and substance abuse population.
2. Kettering Behavioral Medicine Center opened a Co-Occurring Intensive Outpatient Program in August 2019. It will open a 14-bed Co-Occurring Mental Health/Substance Abuse Unit in November 2019.
3. The hospital joined the County Overdose Action Team (COAT) with Public Health - Dayton & Montgomery County (PHDMC) to put together a community-wide prescriber event to address the opioid crisis.

## ADDITIONAL ACCOMPLISHMENTS

### Access to Care and Mental Health/Substance Abuse Strategies

OneFifteen is a new nonprofit health initiative. It is dedicated to the full and sustained recovery of people suffering from opioid addiction. Its campus will expand treatment options in the region, and it will have a treatment center (inpatient and outpatient), rehabilitation housing, and wrap-around services. OneFifteen started seeing patients in 2019. It is the result of a community collaboration with Kettering Health Network, the Greater Dayton Area Health Association, and Premier Health Partners. KHN spent approximately \$700,000 in 2019 for development as well as an additional \$38,000 of in-kind donations in 2018 and 2019. OneFifteen will be fully operational in 2020.

### Heart Disease Strategies

Between early 2017 and June 2019, 706 individuals received cardiovascular screening at this hospital (a yearly average of 282 screenings). Of these, 29% screened as high risk and were referred for risk factor management. In addition, 10 Healthy Arteries programs took place in the community. A total of \$31,219 in funding and resources was allocated to this program to date. Between 2017 and June 2019, a total of 589 individuals attended six community heart education programs. A total of \$1,860 in funding and resources was allocated to this program between 2017-2019.

\_\_ 11 \_\_ / \_\_ 7 \_\_ / \_\_ 2019 \_\_

*Date CHNA adopted by Board of Directors of Kettering Health Network*